



March 2017

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SAVE THE DATE

**NH
Comprehensive
Cancer
Collaboration
Annual Meeting**

April 5, 2017

*Partnerships in
Health Care:
Enhancing the
Cancer
Survivorship
Experience*

8:00am - 4:00pm

Foundation Celebrates Long-Time Leader Shawn LaFrance

The Foundation for Healthy Communities recently held a farewell celebration, honoring Shawn LaFrance, Executive Director of the Foundation, for his vision, leadership and dedication to building a healthy New Hampshire through the Foundation for Healthy Communities.

Since joining the Foundation nearly 20 years ago, Shawn has played an integral role to creating what is known as the Foundation for Healthy Communities, whose commitment to community health and well-being has been vitally important to the Foundation's development, growth and success. As the first, and only, Executive Director of the Foundation, Shawn proved himself a tireless advocate for the Foundation and truly embodies the Foundation's mission of improving health and health care in New Hampshire.



Colleagues, staff and friends from around the state gathered to celebrate Shawn, and to wish him well in his new role as Vice President, Population Health & Health Systems Integration, at Cheshire Medical Center / Dartmouth-Hitchcock Keene; an organization well known for its leadership and commitment to improving community health where Shawn will continue his success with the same dedication and passion.

In honor of his efforts to improve the health and well-being of communities throughout New Hampshire, the Foundation for Healthy Communities dedicated its recently released 2016 Annual Report to Shawn for his dedication, vision and leadership over the last 20 years.

[Download the 2016 Annual Report](#)

New Hampshire Hospitals' Quality Improvement Efforts Recognized at National Conference

The Health Research and Educational Trust (HRET) of the American Hospital Association (AHA) recently recognized three New Hampshire hospitals and their improvement teams for high performance in working to

Grappone Conference
Center - Concord, NH

[Information Here](#)

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**HEAL NH  
Creating Healthy  
Communities  
Workshop Series**

**April 27 - 28**  
*Building Effective  
Partnerships for  
Catalyzing  
Change*

9:00am - 3:00pm  
Foundation for  
Healthy Communities  
125 Airport Road  
Concord, NH

[Register Here](#)

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**NHHA / FHC
Annual Meeting**

September 10-12,
2017

OMNI Mt.
Washington
Bretton Woods

**Information
Coming Soon!**

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**Quick Links**

[Foundation for  
Healthy  
Communities](#)

reduce patient harm as part of the New Hampshire Partnership for Patients initiative. *Fal Mehta* from Alice Peck Day Memorial Hospital in Lebanon, *Ethnee Garner* from Memorial Hospital in North Conway and *Laura Hagley* from Valley Regional Healthcare in Claremont, were 3 of only 20 nationally recognized Process Improvement Team Leaders who received full scholarships to attend the AHA Rural Health Care Leadership Conference recently held in February to present a storyboard to other conference attendees.

The three New Hampshire team leaders joined other HRET HIIN hospital representatives from rural and critical access hospitals across the country to present storyboards highlighting breakthrough quality improvement projects and resulting outcomes in the medication reconciliation process, patient falls prevention and the reduction in the use of indwelling urinary catheters resulting in lower catheter-associated urinary tract infections (CAUTIs).

You can view the storyboards and video presentations of New Hampshire's patient safety champions [here](#).

**Nominations Being Accepted for the 2017  
Clint Jones Nursing Award**

The Foundation for Healthy Communities is pleased to announce that nominations are being accepted for the 2017 Clint Jones Nursing Award! This award recognizes a registered nurse, new to the profession of nursing, who exemplifies the practice of high quality nursing care and demonstrates an exceptional commitment to the nursing profession.

This annual award honors the late Clint Jones, who directed the NH Nursing Workforce Partnership through the Foundation for Healthy Communities and was a founder of the NH Nursing Summer Camp Program.



From 2003-2006, Clint's work brought practicing nurses and nurse education leaders together to distribute \$2 million dollars in forgivable loans to hundreds of aspiring nurses in college and to practicing nurses who received specialty training or advanced degrees. His unmatched dedication, professionalism and creativity resulted in the engagement of more than 2,000 NH nurses in education and training- over 1,200 more than the Partnership's goal of 800! Clint was diagnosed with cancer in 2003 but continued to work tirelessly for the nursing profession before passing away in 2006.

Selection criteria includes a demonstration of excellence and enthusiasm in the delivery of patient care; communication with patients, their families and healthcare colleagues; commitment to nursing as a career; and inspiration to other nurses and healthcare professionals as a role model. In particular, the award is designed for an RN who has been in practice at least one year but no more than six years.

The **deadline for nominations is Friday, April 7, 2017**, and the recipient of the award will be honored at his or her own hospital during **National Nurses Week**, May 6-12, 2017.

For more information about the Clint Jones Nursing Award and to download the nomination form, click [here](#).

New Hampshire  
Hospital Association

HEAL NH

NH Comprehensive  
Cancer  
Collaboration

NH Health & Equity  
Partnership

CATCH Kids Club

Join Our Mailing List!

## HEAL NH Publishes Healthy Food & Food Access Report

During the Fall of 2016, an assessment was conducted of healthy food access activities and initiatives across the statewide HEAL Community Network. The aim was to identify opportunities to better integrate and elevate food-systems work throughout the network.

This newly published report includes an extensive inventory of projects across the network and recommended actions for improving access to healthy foods within communities, schools, workplaces, and hospitals.

Download the full report [here](#).



Healthy Food and Food Access  
Assessment and Inventory Project

2016

Final Report and Action Plan

## NH Comprehensive Cancer Collaboration Releases Emerging Issues Brief

In honor of National Colorectal Cancer Awareness Month, the New Hampshire Comprehensive Cancer Collaboration (NHCCC) recently released an Emerging Issues Brief, *Colorectal Screening Modalities*, that was developed in partnership with Dartmouth-Hitchcock Norris Cotton Cancer Center. The United States Preventive Services Task Force (USPSTF) has updated their screening guidelines for Colorectal Cancer (CRC) for the average risk population. The new guidelines highlight that there is convincing evidence that CRC screening substantially reduces death from CRC among adults ages 50 to 75 years and that not enough adults in the US are using this effective preventive intervention. In addition, two new screening modalities are now included. Providers should become familiar with the new options, which may lead to increased screening rates among individuals who did not want to undergo screening by other modalities or for whom colonoscopy may not have been appropriate. It is essential that organizations across the state work together in an effort to try to achieve the national goal of 80% for CRC screening.

New Hampshire  
COMPREHENSIVE  
CANCER  
COLLABORATION  
Together-Eliminating Cancer

## EMERGING ISSUES BRIEF

**TRUE or FALSE?**

|                                                                                                          |                                                                                                 |
|----------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|
| <p>Colorectal cancer is the 2nd leading cancer killer.</p> <p style="text-align: center;">TRUE FALSE</p> | <p>Both men and women get colorectal cancer.</p> <p style="text-align: center;">TRUE FALSE</p>  |
| <p>Colorectal cancer often starts with no symptoms.</p> <p style="text-align: center;">TRUE FALSE</p>    | <p>You can stop this cancer before it starts.</p> <p style="text-align: center;">TRUE FALSE</p> |

**Colorectal Cancer Screening Modalities**

Anna Besauwage, MPH, Health System Consultant for NHCCSP; Lynn Butler, MD, Norris Cotton Cancer Center and Geisel School of Medicine at Dartmouth, Director of Colorectal Cancer Screening at DHMC, PI and Medical Director of NH Colorectal Cancer Screening

often has no symptoms, providing education and increasing knowledge about screening is crucial to both prevention and early detection. Education about high-quality screening methods is key to raising awareness about this disease. Average risk adults aged 50 and older, or increased risk adults starting at an earlier age, should be regularly screened. However, many people are not getting tested because they do not believe they are at risk, do not understand the testing options, their providers have not recommended screening, or there are financial or other barriers.

**New Information**

The updated 2016 USPSTF recommendations highlight that there is convincing evidence that CRC screening substantially reduces deaths from CRC among adults aged 50 to 75 years and that not enough adults in the U.S. are using this effective preventive intervention.<sup>1</sup> Review of the CRC screening recommendations and evidence for these screening methods can be found in the JAMA "Screening for Colorectal Cancer US Preventive Services Task Force Recommendation Statement,"<sup>2</sup> or at the USPSTF website.<sup>3</sup> The recommendations were based on rigorous reviews of existing peer-reviewed evidence, including the strength of the evidence and the balance of benefits and harms of colorectal cancer screening.<sup>4</sup> The USPSTF continues to give CRC screening a Grade of A, recommending the service as there is high certainty that the net benefit is substantial and suggesting that providers offer or provide CRC screening.<sup>4</sup>

For more information on the NH Comprehensive Cancer Collaboration, the NH Cancer Plan or to download the full brief, visit [www.nhcancerplan.org](http://www.nhcancerplan.org).

## Health & Equity Partnership: Opening Pathways to Health in New Hampshire

Working with a variety of partners to identify the three most important areas of priority, the NH Health & Equity Partnership (NHHEP) has charged ahead with its focus of ensuring action to advance our vision of everyone in New Hampshire having a fair opportunity to live a long, healthy life. The three priority areas that were identified as having the highest impact on achieving that vision are:

- REaL Data - increasing the capacity in NH for the collection of high quality Race, Ethnicity and Language (REaL) data across all systems at the state and local level to identify disparities and promote utilization of data to inform improvements, policies and procedures;
- Culturally Effective Organizations - increasing organizational cultural effectiveness and improve the capacity of organizations in NH to provide high quality services to all populations (especially racial, ethnic and linguistic minorities) by incorporating the elements of a culturally effective organization; and
- Workforce Diversity - creating a diversified workforce to support economic opportunities for racial, ethnic and linguistic minorities and all populations in NH.

Each priority work group held a kick-off event that shared overviews of past accomplishments and lessons learned, followed by small group discussion facilitated by Antioch University New England, Center for Behavioral Health Innovation (AUNE). These groups have been working to identify their goals, strategies and resources that would help them initiate and create change in order to achieve the Partnership's vision. This process aims to develop logic models, select outcomes and establish universal indicators to track and evaluate the overall progress on the Partnership's shared goals.

### Interested in getting involved?

The NH Health & Equity Partnership welcomes your participation at any of the work group meetings - if you'd like to get involved, contact [Nathalie](#)

Ahyi, H&EP Program Director, for more information, or learn more at [www.equitynh.org](http://www.equitynh.org) or [www.facebook.com/equitynh](http://www.facebook.com/equitynh).

*Workforce Diversity Priority Work Group*

1st Wednesday of each month from 1:00pm - 3:00pm at the Foundation for Healthy Communities located at 125 Airport Road in Concord

*Culturally Effective Organizations Priority Work Group*

4th Tuesday of each month from 1:00pm - 3:00pm at the City of Manchester Health Department located at 1528 Elm Street in Manchester

*REaL Data Priority Work Group : TBD*



## HEAL NH: Creating Healthy Communities

*Holds 6th workshop in a series designed to help create partnerships, implement policy & change systems for healthier communities*

HEAL NH just recently held its 6<sup>th</sup> workshop of HEAL NH's Creating Healthy Communities Workshop Series: *Setting the Stage for Policy Change in Your Community: Advocacy strategies, skills and tools for local initiatives* on March 8<sup>th</sup>. Presented by Nancy Vaughan and Melissa Bernardin of the American Heart Association, this workshop introduced participants to campaign planning tools and strategies to engage their respective communities in advocacy and policy change at the local level.



The next workshop of the series will be held on April 27 & 28 and will feature a workshop by [The Prevention Institute](#): *Collaboration Multiplier: Building effective partnerships to catalyzing change*. For more information or to register, please visit [HEAL NH](#).