



October 2016

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SAVE THE DATE

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### **October 4**

*Being Mortal* Film  
Screening &  
Discussion : *Hope  
is Not a Plan*

5:30pm - 7:30pm  
Dartmouth-Hitchcock  
Medical Center,  
Lebanon

[\*\*Information Here\*\*](#)

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October 12

*HEAL Annual
Conference*

Church Landing, Mill
Falls at the Lake

2016 Annual Meeting Focuses on Total Population Health

Recently, the Foundation for Healthy Communities and the New Hampshire Hospital Association held their Annual Meeting at the OMNI Mount Washington Hotel in Bretton Woods, New Hampshire. It is at this meeting that hospitals, healthcare leaders and community partners from across the state come together to learn, celebrate the work being done, and to honor those who have made significant contributions to hospitals and the healthcare field.

This year's meeting, ***Advancing Total Population Health: How Do We Get There from Here?*** focused on the collaborative efforts hospitals, providers and partners are undertaking to build healthcare delivery systems that integrates with other community sectors.

It's a theme that speaks to the transformation that is occurring in health care here in New Hampshire and the goal of delivering evidence-based, high quality, affordable and accessible care to the patients and communities our hospitals and providers serve.

[Read more about the 2016 Annual Meeting....](#)

Foundation Honors Benjamin Frost with Distinguished Innovator's Award

The Foundation for Healthy Communities recently honored Benjamin Frost, Director of Legal and Public Affairs at the New Hampshire Housing Finance Authority, with its distinguished *Innovator's Award* for his support, commitment and dedication to the Healthy Eating Active Living (HEAL NH) initiative during the Foundation's annual meeting at the Omni Mount Washington Resort.

The Innovator's Award celebrates extraordinary ingenuity, creativity and skill in improving health or healthcare access, delivery or quality. Recipients are honored for their leadership or for extraordinary individual achievement in advancing these goals.

"Over the past eight years, Ben has been a dedicated partner in the Foundation for Healthy Communities Healthy Eating Active Living Initiative, and understands the link between social determinants of health and their importance when considering total population health," stated Shawn LaFrance, Executive Director of the Foundation for Healthy Communities. "His partnership and commitment to improving community health have been invaluable, and we couldn't be more appreciative of his efforts and support throughout the years," continued LaFrance.

A committed leader in educating planning, housing and transportation professionals about the connection between the built environment and health, Frost has led efforts to train community planners, public health

Meredith, NH

[Register Here](#)

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**November 9**  
*Someone You Love: the HPV Epidemic*  
**Film Screening & Panel Discussion**

6:00pm - 8:00pm  
Red River Theatres  
11 South Main Street  
Concord, NH

**[Information Here](#)**

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November 15
Team Up, Take Action : Improving Population Health Together

The Event Center
2200 Southwood Drive
Nashua, NH

[Information Here](#)

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**HEAL NH**  
**Creating Healthy Communities Workshop Series**

**December 8**  
*Effective Community Engagement*

9:30am - 3:30pm  
Foundation for Healthy Communities  
125 Airport Road

professionals, and others to use Health Impact Assessments to evaluate the potential health effects of a community development projects before they are built or implemented. As a result of the training, Health Impact Assessments conducted in Manchester, Laconia and Milford were among the first to be completed in New Hampshire.



*Pictured L to R: Terry Johnson, Director, HEAL NH; Mary DeVeau, Chair, Foundation for Healthy Communities Board of Trustees; Benjamin Frost, Director, Legal & Public Affairs, NH Housing Finance Authority; and Shawn LaFrance, Executive Director, Foundation for Healthy Communities.*

## Foundation Releases 20 Year Anniversary Report

At the 2016 Annual Meeting, the Foundation for Healthy Communities celebrated the culmination of its 20th year of living its mission of improving health and health care in communities through education and partnerships that engage individuals and organizations. The success of the Foundation is a direct testament to the commitment of many partners, individuals and organizations alike, and we thank all of you for your continued support. In honor of its 20 years, the Foundation for Healthy Communities released a 20 Year Anniversary Report, which can be downloaded [here](#).

In addition, the Foundation presented a framework for Total Population Health in New Hampshire, which provides a summary of the Foundation's efforts and milestones over the years working with its partners, as well as the path forward as we continue those efforts to advance total population health.

Concord, NH

[Register Here](#)

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March 8
*Setting the Stage
for Policy Change
in Your
Community*

9:30am - 3:30pm
Foundation for Healthy
Communities
125 Airport Road
Concord, NH

[Register Here](#)

Quick Links

[Foundation for
Healthy Communities](#)

[New Hampshire
Hospital Association](#)

[HEAL NH](#)

[NH Comprehensive
Cancer Collaboration](#)

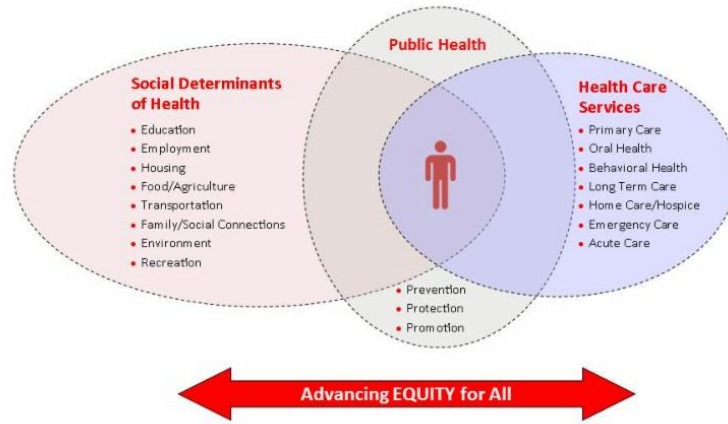
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Partnership](#)

[CATCH Kids Club](#)

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TOTAL POPULATION HEALTH: A Framework for New Hampshire



**Catholic Medical Center Recognized for
Excellence in Patient & Family
Engagement**

The Foundation for Healthy Communities recently honored Catholic Medical Center (CMC) with its *Noah Lord Award for Patient & Family Engagement* during the Foundation's annual meeting at the Omni Mount Washington Resort in Bretton Woods.

The Foundation for Healthy Communities presented the 2016 Noah Lord Patient & Family Engagement Award to Catholic Medical Center for their project titled, *The Voice of the Patient: Improving the Patient Experience by Listening to the Voice of the Patient*. Accepting the award on behalf of Catholic Medical Center was Barbara McGuire who currently serves as a Patient & Family Advisor on the hospital's Patient and Family Advisory Council.

The innovative program was initiated by members of CMC's Patient & Family Advisory Council to connect trained Patient Family Advisors with patients in the hospital in a structured conversation to assess that patient's current in-hospital experience. The real-time information or feedback regarding the patient's experience is relayed directly to the hospital staff on that patient care unit by the Patient Advisor with the goal of addressing current needs and providing that patient with a better patient experience.

The Noah Lord Patient & Family Engagement Award recognizes the innovative work being done by hospitals to better engage patients and families with Patient Family Advisors to improve patient safety, quality improvement and the patient experience in a NH hospital system. The award celebrates efforts to create change through improving communication between patients, families and the medical team, and is designed to facilitate the sharing of success stories across the state.



Pictured L to R: Glen Lord; Tanya Lord, Director, Patient & Family Engagement, Foundation for Healthy Communities; Barbara McGuire, Member, Patient & Family Advisory Council, CMC; Joseph Pepe, MD, President & CEO, CMC; Sue Manning, Vice President, Strategy, CMC; Shawn LaFrance, Executive Director, Foundation for Healthy Communities; and Mary DeVeau, Chair, Foundation for Healthy Communities Board of Trustees.

Falls Prevention Program Holds Statewide Conference

The NH Falls Risk Reduction Task Force held a statewide conference on September 15th in partnership with Dartmouth-Hitchcock Medical Center and its Centers for Health and Aging for physicians, providers, emergency medical personnel and other community-based health workers interested in falls prevention.

The conference, ***Working Together to Prevent Falls***, provided sessions for attendees that focused on conditions that could exacerbate falls risk, innovative approaches to reducing falls risk in special populations, best practices for delivering community-based falls prevention programs, and the role that a variety of professions can play when collaboratively addressing falls and fall risks across the continuum of care.

The goal of the conference was to provide attendees with the knowledge of common barriers to participation in falls prevention programs, identify effective strategies for reducing falls risk in individuals, and the ability to engage individuals in falls prevention programs.

Learn more about the Falls NH Program and a list of participating sites [here](#).

Photo Caption L to R: Pamela Deres, MS, RN, St. Joseph Hospital and Laurie Harding, MS, RN, former NH Legislator, holding My Mother Your Mother, the book that was provided to conference attendees by the Foundation for Healthy Communities in honor of its author, Dennis McCullough, a long-time practitioner at Dartmouth-Hitchcock Medical Center, who recently passed away.

