



Foundation for
Healthy Communities
Partnering to improve health for all.



FHC Partnership for Patients & Northern New England Geriatric Education Center with
collaboration from the NH Falls Task Force

**Let's Join the Movement towards Movement:
Using the UP Campaign- Strategies to Decrease Falls & other Hospital Acquired
Injuries Workshop**

June 13th

The Falls Event Center, Manchester, NH

Featuring national subject matter expert:
JACKIE CONRAD RN, BSN, MBA, RCC™

8:30 – 9:00 am

Registration

9:00 – 9:15 am

Welcome, Sharing Results, Why This Matters

*Overview of how NH is doing preventing falls,
Anne Diefendorf, Foundation for Healthy Communities*

*A Passion for Falls Prevention ~ Sharing the WHY with a Personal Story
Michelle Gamache, RN, BSN, PCCN, Nurse Educator – Concord Hospital*

9:15 – 12 noon

Jackie Conrad RN, MBA Improvement Advisor, Cynosure Health

Goals for the Day

Why this is important – Hot Topics on Mobility

Overview of GET UP strategies

- *MUST HAVE'S*
- *IMPLEMENTATION TIPS FOR ICU AND MED SURG*

Leadership's Role IN PROMOTING A CULTURE OF MOBILITY

Table Activity – Get Up Campaign posters

12:00 – 12:30

BREAK FOR LUNCH

12:30 - 1:00 pm

The untapped resource: Engaging patients and families as partners

*Tanya Lord PhD, MPH, Director, Patient and Family Engagement
Foundation for Healthy Communities*

1:00 – 2:45 pm **Best Practice Sharing / Lessons from the Field**

- **Use of Mobility Aides with Success -Alice Peck Day Memorial Hospital**
Kirsten Eastman, OTR/L
Manager, Rehabilitation Services
Miranda (Mindy) Martin, LNA
Mobility Aide
- **Sustaining a Mobility Program -Catholic Medical Center**
Mercedes Fleming, MSN, RN-BC, NE-BC
Manager, Nursing Systems and Support
Kristine Dugan Kearns, PT
Manager, Acute Care Rehab Services
- **Importance of Early Mobilization in the Prevention and Treatment of Delirium Concord Hospital**
Giuliana Thurber BSN, MS, RN
Director of Quality Performance & Patient Safety, Infection Prevention & Control
Dana Bisson, MSN, RN
Delirium Prevention Nurse
- **ICU Mobility -Dartmouth-Hitchcock Medical Center**
Robert S. Button, RN ICU
ICU Nurse
Deb Sweetland, OT, MBA, FACHE
Rehab Manager
- **Developing a Mobility Expert Program for Med/Surg Units -Elliot Hospital**
Nicola J Beaugard, PT, DPT, MSHA
Manager, Inpatient Rehabilitation Services
Patti Puglisi, MSN, RN-BC, CNL
Clinical Nurse Leader – Cardiac Intermediate Care Unit
- **Integrating Safe Patient Handling into Get Up -Exeter Hospital**
Dina Hornbeck-Moss, PT
Director Wound and Ostomy, Acute Rehab Services and DriveAbility
Linda M Mitchell, BSN, RN, NE-BC
Nursing Director

2:45 - 3:00 pm **Action Planning/Closing Thoughts/Questions**