



# ALL WELL CHILD VISITS AGE 3-18



**Check-in: Front Desk**  
Everyone is provided a 5-2-1-0 Survey

**Check-in: RN/CNA/MA**

- Height, weight and BMI %'ile for age and gender is calculated and classified
- Document in appropriate part of patient chart (BMI, %'ile, classification)

**5-84%'ile age/gender**  
**"Healthy Weight"**

**85-94%'ile age/gender**  
**"Overweight"**

**≥ 95%'ile age/gender**  
**"Obese"**

**Review 5-2-1-0 assessment survey**

**Reinforce healthy habits and 5-2-1-0 message**

- Healthy eating
- Physical activity
- Screen time

**Check BMI %'ile annually**

**Without**  
**comorbidities and**  
**risk factors**

**With**  
**comorbidities**  
**and/or risk factors**

**Order fasting lipid profile**

**Age 10 yrs +**  
**Order labs:**

- Fasting lipid profile
- ALT and AST
- Fasting glucose

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**Order labs:**

- Fasting lipid profile
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- other tests as indicated by health risks

**Abnormal lipid profile?**

NO

YES

- Review 5-2-1-0 assessment survey
- Provide 5-2-1-0 lifestyle advice
- Assess patient/family readiness to change
- Discuss concept of goal setting
- Set goal if appropriate or wait for follow-up
- Refer to specialist or community program as necessary/available.
- Schedule follow-up visit:
  - Purpose is to review lab tests, to set or review progress with goals, etc.